



LifeCircle™

SOUTH DAKOTA

Partners Improving End of Life Care

Free Quarterly Conference Calls on end-of-life topics are offered on Wednesdays from 12:30-1:30 p.m. CST. All are welcome (see registration directions below) since people can attend by telephone or in person. Continuing education units for nursing, social work, and long-term care administration have been sought. There is no identified conflict of interest for any planner or presenter involved in these educational activities.

Goal: Enhance knowledge of palliative (comfort) and hospice care among health care professionals who endeavor to provide quality care at end of life to all South Dakotans.

To make arrangements to attend by telephone or in person, call the USD Sanford School of Medicine (605-357-1341) or email amanda.kurtenbach@usd.edu and consult our website: <http://www.LifeCircleSD.org> for more information.

September 14, 2016

COMPASSION FATIGUE FOR HEALTH PROFESSIONALS

Nancy Wise-Vander Lee, PhD, LP • Clinical Psychologist & Manager • Avera Employee Assistance Program

Ongoing care of others can result in a state of exhaustion and dysfunction, where negative consequences for self and career are often undetected. Practical strategies for improved self-care and awareness will be offered.

Objectives:

1. Define compassion fatigue including contributing factors and strategies to improve the health care professional's stress management and self-care.

December 14, 2016

FINDING YOUR HUMANITY: CONTENDING WITH THE PITA* PATIENT (*PAIN IN THE A##)

Michael V. Bloom, PhD • Clinical Psychologist, Center for Family Medicine

This session describes "problem" patient behavior (eg, addiction or non-adherence to treatment plans), reasons for it, and offers strategies on how to work effectively with the PITA patient.

Objectives:

1. Understand the patients' frame of reference to health, illness, treatment, and unmet needs addressed through challenging behaviors
2. Understand how to develop effective strategies for helping challenging patients get their needs met in more useful ways.

March 15, 2017

HAVING THE DISCUSSION, GETTING PAID: MEDICARE'S ROLE IN END-OF-LIFE CARE

David Brechtelsbauer, MD, CMD • Assoc. Prof, Family Medicine • USD Sanford School of Medicine

Providing effective end-of-life care hinges on knowing patient preferences, goals of care, and having clear, actionable advance directives—all time-intensive steps. How and when can this be accomplished, and how do the 2015 Medicare Advance Care Planning billing codes support "the talk?"

Objectives:

1. Recognize opportune times in the life cycle and disease management for discussion about goals of care and completion or updating of advance directives
2. Recognize the interdisciplinary aspect of end-of-life care planning
3. Access Medicare Guidelines for use of Advance Care Planning billing codes 99497 and 99498.

June 14, 2017

DYING WITH DEMENTIA

Katie Bloom, LCSW-PIP • Instructor, USD Health Sciences

David Brechtelsbauer, MD, CMD • Assoc. Prof, Family Medicine • USD Sanford School of Medicine

LuAnn M. Eidsness, MD, FACP, HMDC • Medical Director, Hospice & Palliative Care • Sanford Medical Center

Dementia presents unique challenges to end-of-life care for patients, their families, and staff. Strategies for addressing pain and symptom management, treatment withdrawal, and family members' conflicting feelings of grief/relief will be addressed.

Objectives:

1. List the percentage of South Dakota deaths that occur in nursing home/long term care/hospice facilities overall, and when the cause of death is Alzheimer's & other dementias
2. Describe the impact of palliative and/or hospice end-of-life care on family members of nursing home residents
3. Demonstrate knowledge of how to help family members cope with the conflicting feelings of grief/loss and relief with the death of their loved one.

This continuing nursing education activity was approved by Montana Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

A statewide coalition, **LifeCircle South Dakota** was founded in 1999 by USD Sanford School of Medicine with this vision: "To serve as the dynamic link among those promoting education, research and provision of quality patient care at end of life."