

NOTEWORTHY CHARACTERISTIC SAMPLES

- Dedication to excellence. XXX has set for himself a high standard. He gives his full effort to excelling in his coursework and clinical responsibilities. He consistently seeks feedback and opportunities for him to learn and improve. XXXX was elected to the Alpha Omega Alpha Honor Medical Society.
- Compassion. XXXX's passion for his patients is evident in his clinical evaluations where his dedication, excellent technical skills and great patient interactions are consistent themes. His obvious focus on providing optimal patient care led his peers to nominate him for the Gold Humanism Honor Society.
- Committed to research. XXXX has an intellectual curiosity that spurs him to always ask why and how. His research activities began prior to medical school and continued through medical school. He has worked with several research mentors and produced an impressive number of peer-reviewed papers and presentations.

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- Genuine. XXXX's pursuit of compassionate care is of genuine motivation; she prioritizes the best for patients and instills honesty in relationships with patients and colleagues. She is not infatuated with accomplishments for the sake of recognition, but rather for what truly provides the most good.
- Service-driven. XXXX's drive to serve not only motivates her to spend significant time volunteering, but she carries a dedication for service to research, leadership, and daily interpersonal interactions.
- Leadership. As the leader of numerous organizations and projects, XXXX has led by the philosophy that the best leaders inspire and empower others to fully utilize their own unique skills and talents, making it possible to accomplish far more than is possible alone. She is dedicated to continuous improvement of her leadership skills and will carry her commitment to being a motivated, hard-working, encouraging, and caring leader into the future.

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- Inquisitive - XXXX's attendings consistently recognize his genuine initiative toward learning. He maximizes every clinical opportunity by asking insightful questions, identifying personal gaps in understanding, and exploring realistic solutions.
- Hard Working – XXXX does not shy away from hard work and embraces all learning opportunities. He was recognized by faculty and his peers with induction into the SSOM chapter of Alpha Omega Alpha in 2020.

- Compassionate – XXXX displays exemplary professionalism in all environments. He is known to be punctual, receptive to feedback, and caring towards patients.

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- Personable: Building authentic relationships with patients, colleagues, and staff is one of XXXX's favorite aspects of medicine. Children's playful nature is contagious, and she strives to make children feel comfortable during clinical interactions. She works hard to educate children and their families in a manner that is practical to their needs.
- Resilient: XXXX started medical school on crutches after having her first hip surgery one month prior. Subsequently, she had two more hip surgeries during her third-year clinical rotations. Despite these challenges, XXXX still took her board exams and fulfilled all clinical rotation requirements on time. Navigating difficult recoveries has helped her empathy blossom and given her the confidence to know that she can manage and adapt to the difficult challenges that residency will inevitably bring.
- Disciplined: When COVID-19 disrupted this year's away rotation cycle, XXXX creatively rearranged her clinical rotations to include three challenging rotations: general inpatient pediatrics, NICU, and PICU. Over the past few years, she has found that daily journaling has helped her cope with stress and become a more grounded spouse, colleague, and friend.