

Class of 2019

Career/Residency Planning – Part 2: September 2017

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Presentations during Cultural Immersion Poster Week

Rapid City = Sept 18; Yankton = Sept 19; Sioux Falls = Sept 20;

Exams

Three exams: OSCE, USMLE Step 2-CK; USMLE Step 2-CS

- I. OSCE: Week of Feb 5th, 2018 – must pass. If not passed, then follow a remediation plan on Feb 8th and possibly 9th – so do not make plans for Feb 8th and 9th.
 - a. Career/Residency Planning – Part 3 will be February 7th at 2:00 pm during OSCE week. Emphasis on that session will be CV's, Personal Statements, and Financial Aid planning for residencies and beyond.
 - b. USMLE Step 2-CK – must pass. Must take by June 30, 2018 unless delayed in your program.
- II. If taken by end of June, can have results back before ERAS opens on September 15th. Can schedule up to 6 months before exam, so can register now if you want to take it in February or March. You should have received the information from Kay about the process, but essentially same process as for Step 1.
 - a. Advice: Take the exam soon after finishing Pillar 2 so that you do not interfere with away rotations and have all the subjects fresh in your mind. More programs are looking at Step 2-CK scores to assist them with their interview decisions.
 - b. Fee is \$610 and is part of your Cost of Education Budget for the current year (July 2017-June 2018)
- III. USMLE Step 2-CS – must take by December 31, 2018. Required to graduate – passing is not a requirement to graduate, but is a requirement to start many residency programs.
 - a. Permit is for a year – can schedule any time in that year.
 - b. Advice: Register in the next 2 months, schedule soon after. Permit is good for a year. If taken by first week of July, the results are back in time to inform programs before ERAS opens. This is increasingly beneficial to have a report of passing by the time programs are ready to interview. If waiting until later, must take by December 31, 2018 in order for results to be available when programs submit their Rank-Order-Listing for residencies. Schedules at testing centers rapidly fill up in Oct – Dec, so sign up and schedule early.
 - c. Fee is \$1,285 and estimated travel costs are \$1,000. These are also in your Cost of Education Budget for this academic year.
 - d. Locations are Chicago, Philadelphia, Atlanta, Houston and Los Angeles.

MSPE

Interview with Dean and Assistant Dean of Medical Student Affairs with final version released to program directors on October 1, 2018

- I. Interviews in person.
- II. Start interviews late March, finish by second week of June: A schedule of possible times will be sent out in early February; can interview on any of the 4 campuses.
 - a. Will schedule a Rapid City campus visit on a Monday.
 - b. Will schedule one or two days for Yankton, typically Tuesdays in the AM.
- III. Bring at least a draft of the CV and Personal Statement to the interview.
 - a. Planning an evening video-conference in early March to assist with writing the CV, the PS, and resources for preparation for the interview.
 - b. Guidelines for the Personal Statements: Include something about “Values” = why medicine; “Experiences” = why specialty; “Goals” = beyond residency. The “Experiences” section is usually ½ to ¾ of the PS.
 - c. Great resource for the CV is Careers in Medicine samples (#1) or Dr. Reuter
- IV. Release date of Oct 1st requires complete information for Pillars 1 and 2, with some variable options for including some Pillar 3 rotations.

Letters of Reference

Need to provide information about yourself, and enough lead time for letter writers

- I. Selection of letter writers
- II. How many letters?
- III. Planning ahead for requesting letters
- IV. Providing information for letter writers (CVs, personal statements)
- V. Letters submitted directly to ERAS by letter writers, but with instructions forwarded from you the student.

Schedule and Requirements for Pillar 3

Plan ahead, file forms, prepare to be flexible in your schedule

- I. Use your resources: Mentors, Student Affairs, Campus staff, Campus Dean, Pillar 3 coordinator, etc.
- II. Plan variety; required rotations; flexible time.
- III. Required rotations:
 - a. Rural Family Medicine – 4 weeks: taken in SD.
 - b. Emergency Medicine – 3 weeks: most take in SD, may be taken out of state.
 - c. Surgical Specialties – 4 weeks: Choose 2 specialties from list at 2 weeks each. Most take these in SD, but may be taken out of state.
 - * Anesthesiology
 - * Neurological Surgery
 - * Ophthalmology
 - * Orthopedics
 - * Otolaryngology
 - * Plastic Surgery
 - * Urology
 - d. Sub Internship – 4 weeks: Choose 1 from listing. Taken in SD (may take additional sub I's out of state).
 - * Family Medicine
 - * Internal Medicine
 - * Pediatrics – Neonatal ICU
 - * Pediatrics – Hospitalist
 - * Psychiatry
 - * Surgery
- IV. Electives: Must take 38 credits of electives.
 - a. May have one credit already if you have taken 'Healer's Art'.
- V. Flexible time: There are 64 weeks between February 12, 2018 and May 4, 2019. With 15 weeks of required rotations, 38 weeks of electives, there are 11 weeks of flexible time for interviews, reviewing for Step exams, research, vacations, or special projects.
- VI. Must have adequate lead time to process all scheduled courses and changes before start of rotation. Paperwork for international rotations requires additional time. Note carefully the time lines provided by Kay Austin. Students must provide adequate lead time to process applications before start of rotation.
 - a. At some time during each semester, the Drop/Add deadline occurs. This is set firmly and the SSOM cannot override this date set by the University.
- VII. VSAS is a convenient option – the majority of medical schools are listed as “host schools” in VSAS. Kay is the contact person for all rotations at other schools.
 - a. The School is required to file a listing of your presence in another state prior to you being there. You MUST make sure that you file any emails of acceptance for an 890 with Kay as soon as you receive them.
- VIII. Must file additional paperwork for international rotations and plan well ahead and needs approval by the USD Global Learning Department.

Careers in Medicine

(Review from Career/Residency Planning Session 1)

<https://www.aamc.org/cim>

Careers in Medicine: Many resources on this site for early planning and focus on your specialty choice: Email Paul.Bunger@usd.edu or Suzanne.Reuter@usd.edu if you are not able to access.

- I. Use the many resources for self-evaluations/interests.
- II. Access the “Choices” newsletter and look for your specialty interests.
- III. Many resources for preparing the application.

FREIDA Online

(Review from Career/Residency Planning Session 1)

<http://www.ama-assn.org/ama>

FREIDA Online: Click on web site, then go to “Medical Students” then go to “FREIDA Online”. The site contains many detailed resources about individual residencies and is most useful during the application and interview and ranking process.

- I. Look up individual specialties by region
- II. Access individual programs and information about them
- III. Many resources during the application and interview process

NRMP

(Review from Career/Residency Planning Session 1)

<http://www.nrmp.org>

The resources are available any time. However, students must register for this matching service in order to participate in the Match program. Registration opens September 15, 2018.

NRMP: Many resources needed for consideration of specialty choices, and then all the information needed for the process of the Match including policies for application and schedule deadlines.

Look for:

- Results and Data: 2017 Main Residency Match: Provides a wide variety of data
- 2017 Match Results by State, Specialty, and Applicant Type: Provides Applicant type and % filled for each program
- 2013-2017 Program Results: Provides 5 year history of match rates for each program
- Impact of Length of Rank Order List on Main Residency Match Outcome
- Charting Outcomes of the Match 2016: Provides match rates by several criteria
- 2016 Program Directors Survey: Provides factors that programs use for selection for interviews and for ranking
- 2017 Applicant Survey: Provides factors that applicants used in selection and ranking of residency programs

Residency Application Process/Schedules Electronic Residency Application Services (ERAS)

<https://students-residents.aamc.org/attending-medical-school/how-apply-residency-positions/applying-residencies-eras/>

Students must register for ERAS in order to submit applications to programs.
Registration for ERAS opens to applicants: June 2018 (receive token from Kay)
ERAS opens to Residency Programs, September 15, 2018

- I. Applications include the ERAS application (from the applicant), Letters of Reference (from the writers), and the MSPE (from Student Affairs).
 - a. The ERAS application requires use of your CV and a Personal Statement
 - b. Most programs require 3 LOR's, but there may be a few differences
 - c. The MSPE is released on October 1, 2018 whether in the main Match or the military selection, or any other separate Match (such as Ophthalmology or Urology)

- II. Interviews are often scheduled during October, November and early December. When planning to be absent from a day or more of a rotation to do an interview, **students must fill out the Pillar 3 Absence Request Form** found at the end of the Student Affairs Handbook. The Student Affairs Handbook is on the SSOM page at <http://www.usd.edu/medicine/student-and-faculty-handbooks>

- III. For 2017, the mean number of ranked programs for matched applicants was 11. For unmatched applicants the number was 4.

- IV. Remember to rank every program you are willing to go to; if you need to cancel an interview, be sure to notify the program; don't apply to an excessive number of programs – typically students are offered interviews at 20% - 40% of the programs where they apply.
 - a. Advice: Be sure to cancel any interviews you know you will not visit. Do not be a 'no-show'.

- VII. All applicants should realistically consider whether a 'parallel' plan is needed. May apply to more than one specialty – then use interview offers as a measure of whether a 'parallel' plan is essential.

- VIII. Advice: Don't wait for the SOAP process to try to implement the parallel plan

What do Programs Look For?

- I. Program Directors Survey ranks the importance of various factors in granting interviews and in Preparing rank order lists for the Match.

- II. The top 8 factors for ranking applicants for an interview:
 1. Step 1
 2. LOR's from Specialty
 3. MSPE
 4. Step 2-CK
 5. Grades in required clerkships
 6. Personal Statement
 7. Class Ranking
 8. Failed attempts for any USMLE exam
 9. Grades in Specialty

- III. The top 8 factors for ranking applicants for the Match:
 - 1. Interactions with faculty during interview/visit**
 - 2. Interpersonal skills**
 - 3. Interactions with house staff during interview/visit**
 - 4. Feedback from current residents**
 5. Step 1
 6. LOR's from Specialty
 7. Step 2-CK
 8. MSPE

- IV. *Interview skills and communications skills are essential***

- V. SSOM requires that all students go through a Mock Interview. A schedule of times to sign up will be available July through September.