



## Sanford School of Medicine Class of 2021 Career Planning Program– Part 2

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- **Career Counseling Parts 3 and 4: February, March 2020**
- **Step 2-CK deadline: June 30, 2020**
- **Step 2-CS deadline: December 31, 2020**
- **ERAS token from Kay: June 2020**
- **MSPE interviews: Summer 2020**
- **ERAS application complete: September 14, 2020**
- **ERAS open to programs: September 15 (some will have offers for interviews starting that day)**
- **NRMP registration opens: September 15**
- **MSPE released to programs: October 1 (nationwide)**
- **Residency Interviews: Any time between October and mid-January**
- **January 2021: Exit interview for financial aid**
- **January 2021: NRMP Rank Order List open**
- **February 2021: Rank Order List needs final certification**
- **March 15<sup>th</sup>, 2021: Learn if you have matched**
- **March 19, 2021: Learn where you have matched**
- **May 7, 2021: (Friday) Graduation Convocation with hooding – *required attendance***
- **May 8, 2021: (Saturday) Commencement in Vermillion at the Dome – *required attendance***

## Class of 2021

### 3 Exams; OSCE, USMLE Step 2CK, USMLE Step 2CS

**OSCE Week** – Week of Feb 3<sup>rd</sup>, 2020. Must pass – if not passed, then follow remediation plan. DO NOT MAKE PLANS UNTIL Feb. 10 (weekend)

- Career/Residency Planning Session #3 – will be held that week and will emphasize CV's, personal statements, financial aid planning, VSLO.

**USMLE Step 2CK** – Must pass to graduate from SSOM.

- DEADLINE to take exam: June 30, 2020 (unless delayed in program)
- If taken by the end of June, can have results back before ERAS opens to residencies on Sept 15<sup>th</sup>.
- Can schedule up to 6 months in advance
- Encouraged to take soon after finish Pillar 2 while all subjects fresh!
- Cost: \$645 (included in Cost of Education Budget)

**USMLE Step 2CS** – Must take by December 31, 2020 (must take to graduate but passing is not a requirement to graduate – passing is a requirement by residency programs)

- Permit is for a year – can schedule any time in that year
- If taken by 1<sup>st</sup> week in July, results back before ERAS opens.
- Cost: \$1300 and estimated travel is \$1000 – included in Cost of Education Budget for this year
- LOCATIONS: Chicago, LA, Philadelphia, Atlanta, and Houston



## **MSPE**

Interview with Dean and/or Assistant Dean of Medical Student Affairs with final version released to program directors on October 1, 2020

- I. Interviews in person
- II. Interviews late spring – summer (schedule it when you are ready): A schedule of possible times will be sent out; can interview on any of the 3 campuses.
  - a. Will schedule a Rapid City campus visit.
  - b. Will schedule one or two days for Yankton
- III. Bring at least a draft of the CV and Personal Statement to the interview.
  - a. Planning an evening video-conference in early March to assist with writing the CV, the PS, and resources for preparation for the interview.
  - b. Guidelines for the Personal Statements: Include something about
    - “Values” = why medicine
    - “Experiences” = why specialty
    - “Goals” = beyond residency

\*The “Experiences” section is usually ½ to ¾ of the PS
  - c. Great resource for CV is the career microsite  
<https://rise.articulate.com/share/CB6iHRHQnIHR5PRUQva1ZKoFcCJVUyld>
- IV. Release date of **Oct 1<sup>st</sup>** requires complete information for Pillars 1 and 2, with some variable options for including some Pillar 3 rotations.

## **Letters of Recommendation**

- I. Selection of letter writers
- II. How many letters?
- III. Planning ahead for requesting letters
- IV. Providing information for letter writers
- V. Letters submitted directly to ERAS by letter writers, but with instructions forwarded from you the student (ERAS Letter Writer portal).



## Schedule and Requirements for Pillar 3

Plan ahead, file forms, prepare to be flexible in your schedule

- I. Use your resources: Mentors, Student Affairs, Campus staff, Campus Dean, Pillar 3 coordinator, etc.
- II. Required rotations:
  - a. Rural Family Medicine – 4 weeks: taken in SD
  - b. Emergency Medicine – 3 weeks: most take in SD, may be taken out of state.
  - c. Surgical Specialties – 4 weeks: Choose 2 specialties from list at 2 weeks each. Most take these in SD, but may be taken out of state.
    - \* Anesthesiology
    - \* Neurological Surgery
    - \* Ophthalmology
    - \* Orthopedics
    - \* Otolaryngology
    - \* Plastic Surgery
    - \* Urology
  - d. Sub-Internship – 4 weeks: Choose 1 from listing (may do more). Taken in SD.
    - \* Family Medicine – SF and RC
    - \* Internal Medicine – available on each campus, including the VA
    - \* OB/GYN – SF
    - \* Pediatrics – SF: NICU, Hospitalist, PICU (must have already taken any inpatient rotation to take PICU)
    - \* Pediatrics – RC: Hospitalist/NICU combined sub I
    - \* Psychiatry - SF
    - \* Surgery – SF and RC
  - e. Transition to Residency Course in March 2021 (1 credit)
- III. Electives: Must take 35 credits of electives.
  - a. May have one credit already if you have taken 'Healer's Art'
- IV. Flexible time: There are 65 weeks between February 10, 2020 and May 8, 2021. With 16 weeks of required rotations, 35 weeks of electives, there are 14 weeks of flexible time for interviews, reviewing for Step exams, research, vacations, or special projects. One required week of vacation the 1<sup>st</sup> week in July.
- V. Must have adequate lead time to process all scheduled courses and changes before start of rotation. Paperwork for international rotations requires additional time. Note carefully the time lines provided by Kay Austin. Students must provide adequate lead time to process applications before start of rotation.
  - a. At some time during each semester, the Drop/Add deadline occurs. This is set firmly and the SSOM cannot override this date set by the University.
- VI. **VSLO** is a convenient option – the majority of medical schools are listed as “host schools” in VSLO. Kay is the contact person for all rotations at other schools.

- a. The School is required to file a listing of your presence in another state prior to you being there. You **MUST** make sure that you file any emails of acceptance for an 890 with Kay as soon as you receive them.
- b. Must file additional paperwork for international rotations and plan well ahead and needs approval by the University

## Careers in Medicine

(Review from Career/Residency Planning Session 1)

[www.aamc.org/cim](http://www.aamc.org/cim)

Careers in Medicine: Many resources on this site for early planning and focus on your specialty choice: Email [Suzanne.Reuter@usd.edu](mailto:Suzanne.Reuter@usd.edu).

- I. Use the many resources for self-evaluations/interests.
- II. Access the “Choices” newsletter and look for your specialty interests.
- III. Many resources for preparing the application.
- IV. Alternate Medical Careers – Public Health, Public Policy, Research, Administration

## FREIDA Online

(Review from Career/Residency Planning Session 1)

[www.ama-assn.org/ama](http://www.ama-assn.org/ama)

FREIDA Online: Click on web site, then go to “Medical Students” then go to “FREIDA Online”. The site contains many detailed resources about individual residencies and is most useful during the application, interview, and ranking process.

- I. Look up individual specialties by region
- II. Access individual programs and information about them
- III. Many resources during the application and interview process

## NRMP

(Review from Career/Residency Planning Session 1)

[www.nrmp.org](http://www.nrmp.org)

The resources are available any time. However, students must register for this matching service in order to participate in the Match program. Registration opens September 15, 2020.

NRMP: Many resources needed for consideration of specialty choices, and then all the information needed for the process of the Match including policies for application and schedule deadlines.

Look for:

- Results and Data: 2020 Main Residency Match: Provides a wide variety of data
- 2020 Match Results by State, Specialty, and Applicant Type: Provides Applicant type and % filled for each program

# Residency Application Process/Schedules

## Electronic Residency Application Services (ERAS)

<https://students-residents.aamc.org/attending-medical-school/how-apply-residency-positions/applying-residencies-eras/>

Students must register for ERAS in order to submit applications to programs.

Registration for ERAS opens to applicants: June 2020

ERAS opens to Residency Programs, September 15, 2020

- I. Applications include the ERAS application (from the applicant), Letters of Reference (from the writers), and the MSPE (from Student Affairs).
  - a. The ERAS application includes a CV and a Personal Statement
  - b. Most programs require 3 LOR's, but there may be a few differences
  - c. The MSPE is released on **October 1, 2020** whether in the main match or the military selection, or any other separate match (such as Ophthalmology or Urology)
  
- II. Interviews are often scheduled during October, November and early December. When planning to be absent from a day or more of a rotation to do an interview, **students must fill out the Pillar 3 Absence Request Form** found at the end of the Student Affairs Handbook. The Student Affairs Handbook is on the SSOM page at [www.usd.edu/medicine/student-and-faculty-handbooks](http://www.usd.edu/medicine/student-and-faculty-handbooks)
  
- III. Remember to rank every program you are willing to go to; if you need to cancel an interview, be sure to notify the program.
  - a. *Advice: Be sure to cancel any interviews you know you will not visit. Do not be a 'no-show'.*
  
- IV. All applicants should realistically consider whether a 'parallel' plan is needed. May apply to more than one specialty – then use interview offers as a measure of whether a 'parallel' plan is essential.
  
- V. Advice: Don't wait for the SOAP process to try to implement the parallel plan



## What do Programs Look For?

- I. Program Director Survey ranks the importance of various factors in granting interviews and in ranking for the match.
- II. The top 8 factors for ranking applicants for an **interview**:
  1. Step 1
  2. LOR's from Specialty
  3. MSPE
  4. Step 2-CK
  5. Personal Statement
  6. Grades in Required Clerkships
  7. Failed tries for any USMLE exam
  8. Class Ranking
- III. The top 8 factors for ranking applicants for the **MATCH**:
  1. Interactions with faculty during interview/visit
  2. Interpersonal skills
  3. Interactions with house staff during interview/visit
  4. Feedback from current residents
  5. Step 1
  6. LOR's from Specialty
  7. Step 2-CK
  8. Evidence of Professionalism and Ethics
  38. Second Visit
- IV. **Interview skills and communications skills are essential!**
- V. SSOM requires that all students go through a Mock Interview. A schedule of possible interview times will be sent out for July – September 2020.



## Tutoring – Supplemental Instruction Program at SSOM

- Please contact me if you are interested in one-on-one tutoring from a Supplemental Instructor
- Sessions are being held by campus – some may prefer one-on-one, some may not be interested (know that it is a program offered)
- Can use Skype or FaceTime



### **Supplemental Instructors:**

#### Rapid City:

Jessica Boerner

Matt Johnson

Kenzie Lee

#### Yankton:

Eric Mehlhaff

#### Sioux Falls:

Taylor DenHartog

Laura Rezac

Cody Ness





